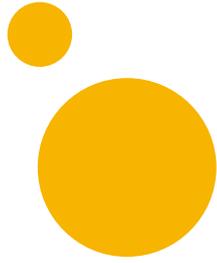


Gregor
Helmut
Mews

**Health and
Well-being**

**Sustainable
Cities**

**Urban
Transport**



International expertise creative connected relevant

Creating synergies between academia and practice for better health and well-being for all. Adding quality to urban environments, Gregor H. Mews developed a genuine curiosity to figure out what makes people feel cosy or “homely” in different environments around the globe.

Greg is fascinated by the complexity of cities and people which live in them. He is concerned that the urban environments we have created from the second half of 20th century may struggle in future to provide healthy spaces for its people. He studied urban planning at the Technical University in Berlin and lived through several different socio – political systems that formed and shaped the built environment in various forms. Growing up in East Germany, studying art in the US and working as an urban planner/ designer across Europe, USA, Latin America, Asia and Australia shaped his thinking.

Greg believes that the environments we create can ultimately influence and determine how we behave and interact in them and by having an integrated, efficient and holistic approach can ensure many generations to come have healthy and “homely” places to live fulfilling lives.

Speaking
Training
Advice
Strategic Policy
Research



Benefit

Evidence suggests that a healthy environment is important to people's health and well-being. Benefit from the latest studies and creative solutions that Greg H. Mews compiled and practiced extensively over a decade in a collaborative work with key academics around the world. Training and workshop delivery is focused on client's practical needs.

Identification of organisational potential, synergies existing policies, collective reflection and integration of latest evidence is key to a successful workshop. You will see that Greg's advice on planning and design matters will help to deliver lasting positive change in a cost effective and outcome focused manner.



Creating liveable cities

- Innovative client orientated concepts for all kind of stakeholder groups
- Collaborative approach in all processes, planning and design as well as in implementation
- Moderation and facilitation at conferences, events, forums, seminars and workshops
- Field analysis with target groups
- Planning games and scenario building
- Community consultation
- Trainings and strategic policy advice
- Qualified translation of research results into planning processes and practice
- Documentation



Knowledge transfer through experience

- Advice on urban transport
- Liveability concepts for all people
- Play space concepts and need analysis
- Master planning advice for:
city development,
urban renewal projects,
improvement of urban spaces
urban green infrastructure
environmental design
- Advice on temporary use of free spaces
- Guideline and Resource development



Presentations

Public events forums, congress, symposium or key meetings – there are many opportunities to convey a message on stage. Fill your program with evidence based expertise and passion. Greg H. Mews presentations are entertaining, inspirational and substantial, the content provides an valuable impulse.

Examples:

“Risk competency in play - urban design solutions” at Zukunft Stadt@Gruenbau - Forum for urban development, Berlin, Germany

“Social inclusion through active travel” at Eco Mobility World Summit, Suwon, South Korea

“Cosiness in the cities” at TEDxCanberra, Australian Capital Territory, Australia

“Making Canberra a people city” at Ecocity World Summit, Montreal, Canada

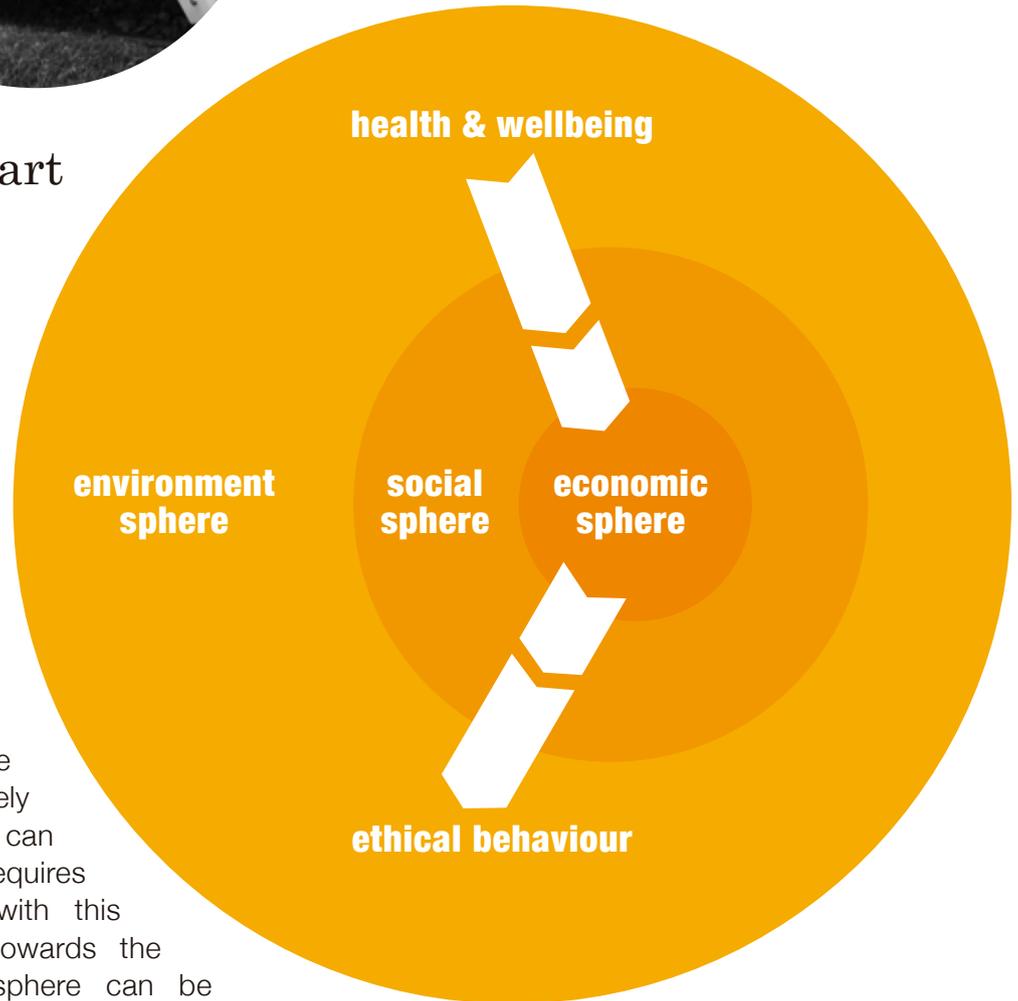
“Designing healthy places for people” at Valladolid in Transition, Valladolid, Mexico



Sustainable development as part of our collective bio history...

The philosophy for Greg's practice is based on an ethical approach to environmental design.

The model recognises the interdependence of health and wellbeing between the environmental sphere and the social sphere, as a direct benefit of a healthy environment. Once the social needs are positively met, economical benefits can occur. Gaining wealth requires consciousness in dealing with this benefit. Ethical behaviour towards the social and environmental sphere can be recognised through support of key initiatives that work towards positive outcomes for health and wellbeing for all.



Testimonials

Mr Greg Mews' involvement has been significant and as Board members would like to express our gratitude for the achievements and contributions.

Heart Foundation, ACT Board

“Greg has been inspirational to many people in developing new policy and guiding a new direction for community planning in Australia.”

Vivian Straw, Planning Institute of Australia ACT President

“Greg has consistently demonstrated the dedication, vision, and skills required to be considered among the best in his field”

Stanford Who's' Who

“He has facilitated a great depth of work in holistic policy-making in the area of preventative health, including how transport, urban spaces, path networks all relate to healthy lifestyles... His contribution has been outstanding. He has been tireless and enthusiastic in his advocacy for better outcomes.”

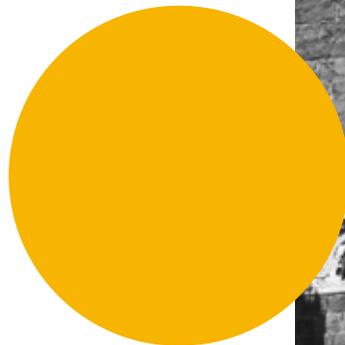
Shane Rattebury, Minister for Territory and Municipal Services, ACT Government



Residenza in Venice

Sitting on a piazza,
feeling the espresso on my lips,
smelling warm pastry on my plate,
overlooking red roof tops,
thinking of little laneways
to be explored on foot.
Or perhaps on water in a gondola
seeing all those bridges and corners,
venetian windows
that have closed shutters
like sleeping Othello
with his eyes closed and
not being aware of the expense of flooded
doors and paved stones
with all their history.
Let the buildings speak,
the people smile and
the sun shine over
the city in the lagoon.

by **Gregor H Mews**



shaping healthy communities



Gregor H Mews

Founder Urban Synergies Group

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